Amendments to the Claims

Please cancel claims 4, 9, 13, 14, and 15. The following listing of claims will replace all prior versions and listings of claims in the application:

Listing of Claims:

- (Currently Amended) A leg exercise device for use with an office chair including a back, a seat, a single vertical seat support with a lower portion; and a plurality of laterally extending arms radiating from the lower portion of the single vertical seat support, comprising:
- a) a leg exercise mechanism for use by a user while seated on the office chair to exercise the user's legs; and
- b) a rigid connection mechanism extending from the leg exercise mechanism for detachably and rigidly connecting the leg exercise mechanism to the seat support of the office chair, the rigid connection mechanism including a collar securable to the single vertical seat support of the office chair and a brace securable to one of the lateral extending arms for providing a secure, rigid connection between the leg exercise device and the office chair,

wherein the brace is a generally rectangular brace with opposite walls, and the one lateral extending arm secured between the opposite walls of the generally rectangular brace.

- (Previously Presented) The leg exercise device of claim 1, wherein the leg
 exercise mechanism includes a pedaling mechanism that allows the user to pedal with the user's legs
 while seated on the office chair.
- (Previously Presented) The leg exercise device of claim 2, wherein the
 pedaling mechanism includes a difficulty control mechanism to manually control the difficulty of
 pedaling.

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4. (Cancelled) The leg exercise device of claim 2, wherein the pedaling mechanism is slidably connected to the rigid connection mechanism for adjusting the position of the pedaling mechanism relative to the user.

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(Cancelled)

- (Previously Presented) The leg exercise device of claim 1, wherein the leg
 exercise device includes an undersurface with a slip-resistant tread that prevents the leg exercise
 device from slipping.
- 7. (Currently Amended) A leg exercise device for use with an office chair including a back, a seat, a single vertical seat support with a lower portion; and a plurality of laterally extending arms radiating from the lower portion of the single vertical seat support, comprising:

 a) a leg exercise mechanism for use by a user while seated on the office chair to exercise the user's legs; and

b) a rigid connection mechanism extending from the leg exercise mechanism for detachably and rigidly connecting the leg exercise mechanism to the seat support of the office chair, the rigid connection mechanism including a collar securable to the single vertical seat support of the office chair and a brace securable to one of the lateral extending arms for providing a secure, rigid connection between the leg exercise device and the office chair,

The leg exercise device of claim 1, wherein the leg exercise mechanism includes a sliding track mechanism having tracks and foot members slidably attached to the tracks for allowing the user to glide the user's feet along the tracks while seated on the office chair.

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- (Previously Presented) The leg exercise device of claim 7, wherein the sliding track mechanism includes a difficulty control mechanism to manually control the difficulty of gliding.
- 9. (Previously Presented) The leg exercise device of claim 7, wherein the sliding track mechanism is slidably connected to the rigid connection mechanism for adjusting the position of the sliding track mechanism relative to the user.

(Cancelled)

- (Previously Presented) The leg exercise device of claim 7, wherein the leg
 exercise device includes an undersurface with a slip-resistant tread that prevents the leg exercise
 device from slipping.
- (Previously Presented) The leg exercise device of claim 1, wherein the collar is a penannular collar with a securing mechanism for securing the penannular collar to the single vertical seat support.
- 13. (Cancelled) The leg exercise device of claim 1, wherein the brace is a generally rectangular brace with opposite walls, and the one lateral extending arm secured between the opposite walls of the generally rectangular brace.
- 14. (Cancelled) The leg exercise device of claim 1, wherein the rigid connection mechanism includes a first lateral arm and a generally rectangular brace movably connected to each other for adjusting the lateral distance of the leg exercise mechanism from the office chair.
- 15. (Cancelled) The leg exercise device of claim 14, further including a locking mechanism to lock the leg exercise mechanism in a desired position relative to the rigid connection mechanism.

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16. (Currently Amended) A leg exercise device for use with an office chair including a back, a seat, a single vertical seat support with a lower portion; and a plurality of laterally extending arms radiating from the lower portion of the single vertical seat support, comprising:

 a) a leg exercise mechanism for use by a user while seated on the office chair to exercise the user's legs; and

b) a rigid connection mechanism extending from the leg exercise mechanism for detachably and rigidly connecting the leg exercise mechanism to the seat support of the office chair, the rigid connection mechanism including a collar securable to the single vertical seat support of the office chair and a brace securable to one of the lateral extending arms for providing a secure, rigid connection between the leg exercise device and the office chair, and

The leg exercise device of claim 1, further including a flange extending vertically from the brace, and an angled second arm extending from the flange and terminating in the collar.

- 17. (New) The leg exercise device of claim 16, wherein the leg exercise mechanism includes a pedaling mechanism that allows the user to pedal with the user's legs while seated on the office chair.
- 18. (New) The leg exercise device of claim 17, wherein the pedaling mechanism includes a difficulty control mechanism to manually control the difficulty of pedaling.
- 19. (New) The leg exercise device of claim 17, wherein the leg exercise device includes an undersurface with a slip-resistant tread that prevents the leg exercise device from slipping.

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- 20. (New) The leg exercise device of claim 16, wherein the leg exercise mechanism includes a sliding track mechanism having tracks and foot members slidably attached to the tracks for allowing the user to glide the user's feet along the tracks while seated on the office chair.
- (New) The leg exercise device of claim 20, wherein the sliding track mechanism includes a difficulty control mechanism to manually control the difficulty of gliding.
- 22. (New) The leg exercise device of claim 20, wherein the leg exercise device includes an undersurface with a slip-resistant tread that prevents the leg exercise device from slipping.
- 23. (New) The leg exercise device of claim 16, wherein the collar is a penannular collar with a securing mechanism for securing the penannular collar to the single vertical seat support.
- 24. (New) The leg exercise device of claim 16, wherein the brace is a generally rectangular brace with opposite walls, and the one lateral extending arm secured between the opposite walls of the generally rectangular brace.